

# PRELI test

## Decode the Endometrium. Empower Every Cycle

### The clinical challenge

Despite major advances in embryo assessment, a significant proportion of implantation failure and miscarriage remains unexplained.

For many fertility specialists, the endometrium remains a black box: biologically active, clinically decisive, but difficult to measure.

Research led by Professor Jan Brosens has shown that:

- The womb lining plays an active role in determining pregnancy outcome
- Failures can originate before conception, not only after implantation
- Abnormal endometrial responses often recur across cycles, increasing future risk



### The biological foundation

Every cycle, progesterone triggers the decidual reaction, a tightly regulated, sterile inflammatory process that:

- Creates a temporary implantation niche
- Transforms the endometrium into the decidua, the tissue that anchors and sustains the placenta
- Determines whether implantation leads to pregnancy or menstruation-like bleeding

When this process is dysregulated, pregnancy may fail. Even with a healthy embryo.

### physiological implantation failure

Unhealthy embryos disrupt the decidual reaction, triggering menstruation-like bleeding.

This process, known as physiological implantation failure, acts as a safeguard, preventing maternal investment in a pregnancy that cannot be sustained.

When this protective process falls outside the physiological range, the risk of failure of a healthy embryo or miscarriage increases.

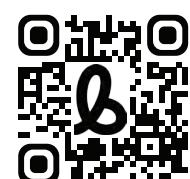
### What PRELI measures

PRELI is a molecular test that assesses the decidual reaction—the foundation of implantation and pregnancy. It evaluates the three defining hallmarks of healthy decidualisation:

1. Endometrial gland differentiation and nutrient-rich secretions
2. Transformation of stromal cells into stress-resistant decidual cells
3. Expansion of specialised uterine NK cells that promote immune tolerance and placental development

Rooted in 20+ years of human endometrial cell biology research.

Scan the QR code to access the peer-reviewed publication.



## What PRELI reveals

PRELI determines whether the decidual reaction is:

- Within the physiological range
- Accelerated
- Stalled

Each state carries distinct clinical implications.

## Clinical meaning

### Accelerated decidual reaction

- Endometrium becomes resistant to implantation
- Increases risk of pathological implantation failure
- Healthy embryos may be rejected prematurely

### Stalled decidual reaction

- Endometrium remains permissive but unstable
- Allows implantation in tissue prone to breakdown
- Increases risk of bleeding and miscarriage

### Within the physiological range

- Balanced implantation
- Robust transition to pregnancy-supporting decidua

Importantly, abnormal reactions recur across cycles far more often than by chance alone, identifying women at risk of repeated failure or loss.

## Progesterone insight

Progesterone is the master regulator of decidualisation.

When PRELI is combined with serum progesterone levels, it helps determine whether:

- An accelerated reaction reflects progesterone excess or endometrial progesterone hypersensitivity
- A stalled reaction reflects progesterone deficiency or endometrial progesterone resistance

This distinguishes hormone levels from tissue response—a critical clinical gap.

## Why this matters to your practice

PRELI helps you:

- Identify preventable implantation failure and miscarriage
- Distinguish embryo-driven vs endometrium-driven failure
- Recognise women at risk before another loss occurs
- Inform targeted, pre-pregnancy interventions
- Move beyond trial-and-error toward precision endometrial care

### GET IN TOUCH



When the endometrium is understood, fertility care becomes more precise.